**Resource Guide North Knox**

**Afterschool/Childcare Programs**

**Belle Morris Elementary Pre-K** Phone: 865-594-1277

2308 Washington Pike, Knoxville, TN 37917 Hours: 7:45am-1:15pm

Website: <https://www.knoxschools.org/bellemorrises>

Service: Children must be four years of age on or before August 15th of the current year. Students will be chosen based on a weighted application. The focus is to enroll students in the underserved population. Transportation is not provided.

**Christenberry Elementary Pre-K** Phone: 865-594-8500

927 Oglewood Avenue, Knoxville, TN 37917 Hours: 7:45am-1:15pm

Website: <https://www.knoxschools.org/christenberryes>

Service: Children must be four years of age on or before August 15th of the current year. Students will be chosen based on a weighted application. The focus is to enroll students in the underserved population. Transportation is not provided.

**Haslam Boys and Girls Club** Phone: 865-232-1214

957 Irwin Street, Knoxville, TN 37917 Hours: 3:00pm-6:30pm

Website: <https://bgctnv.org/knox-county/#haslam>

Service: Afterschool program for school aged children. This club offers transportation from Emerald Academy, Beaumont Elementary, Christenberry Elementary, Maynard Elementary, Inskip Elementary, Belle Morris Elementary

**John Paul Roberts Taekwondo** Phone: 865-688-5520

5212 Marguerite Rd NW, Knoxville, TN 37912 Hours: 3:00pm-6:30pm

Website: <https://jonpaulsfamilytaekwondotn.com/after-school-program/>

Service: Afterschool martial arts focused program for school aged children. They serve elementary-aged through high school-aged students. This club offers transportation from the following elementary schools: Inskip, Powell, West Haven, Pleasant Ridge, Norwood, Brickey, Sterchi, Halls, Karns, Amherst. Transportation is provided for the following middle schools and high school: Powell, Northwest, Gresham, Karns and Powell High School.

**Kids First, Inc** Phone: 865-688-9736

6700 Central Avenue Pike, Knoxville, TN 37912 Hours: 6:30am-6:00pm

Website: <https://www.kids1stinc.com/>

Service: Serves children ages 6 weeks- 12 years. Full time childcare and education.

**Little Oaks Academy** Phone: 865-545-8322

701 East Oak Hill Ave, Knoxville, TN 37917 Hours: 6:15am- 6:00pm

Website: <http://littleoaksacademy.org/>

Service: Serves children ages 6 weeks- 5 years.

**Northwest Middle Boys and Girls Club** Phone: 865-232-1266

5301 Pleasant Ridge Rd, Knoxville, TN 37912 Hours: 3:00pm-7:00pm

Website: <https://bgctnv.org/knox-county/#northwest>

Service: Serves children ages 12-16 years. Transportation is not available.

**Norwood Boys and Girls Club** Phone: 865-232-1254

1909 Merchants Rd, Knoxville, TN 37912 Hours: 2:45pm-6pm

Website: <https://bgctnv.org/knox-county/#norwood>

Service: Afterschool program for school aged children.

**Partners for Children** Phone: 865-689-9516

714 Cedar Lane, Knoxville, TN 37912 Hours: 6:30am-6:00pm

Website: <http://www.partnersforchildren-knoxville.org/>

Service: Partners for Children, Inc. (PFC) is a nonprofit organization that operates a child development center for children ages 6 weeks- 6 years in a space provided by Cedar Lane United Methodist Church.

**Regal Entertainment Group Teen Center** Phone: 865-232-1210

967 Irwin St, Knoxville, TN 37917 Hours: 2:30pm- 7:30pm

Website: <https://bgctnv.org/knox-county#regal>

Service: Afterschool program for middle and high school aged children. This club offers transportation from Holston Middle, Gresham Middle, Bearden Middle, Emerald Academy, Vine Middle,, Whittle Springs Middle, Central High, Fulton High and West High

**Urban Family Outreach, Inc** Phone: 865-523-5895

2241 Washington Pike, Knoxville, TN 37917 Hours: 2:00pm- 6:00pm

Website: [http://www.urbanfamilyoutreach.net](http://www.urbanfamilyoutreach.net/)

Service: Afterschool and summer school program for children 5-13 years.

**Wallace Memorial After School** Phone: 865-688-7270

701 Merchants Dr, Knoxville, TN 37912 Hours: 6:30am-6:00pm

Website: <https://www.wallaceknox.com/childcare>

Service: Weekday preschool and afterschool/summer program for children ages preschool through 8th grade.

**YMCA of East Tennessee - Cansler Family YMCA** Phone: 865-637-9622

616 Jessamine Street, Knoxville, TN 37917 Hours: 9:00am-12:00pm,

5:00pm-8:00pm

Website: <https://ymcaknoxville.org/locations/east/>

Service: Child Watch is provided at the Cansler Family YMCA for members’ children ages 6 weeks to 14 years old and may be utilized for up to 2 hours each day while the parent uses our facility.

**Clothing**

**Angelic Ministries International** Phone: 865-523-8884

1218 N Central Avenue, Knoxville, TN 37917 Hours: Tues & Wed 8am

Website: <https://angelicministries.com/index.php/services-times>

Service: Clothing and hygiene items are available on a first come, first served basis every 90 days without a referral. Referrals may be obtained from a government agency, church or other organization and must be written on the organization's letterhead. The client's name, social security number and a detailed list of items requested must be included. Referrals are good for 60 days and may also be faxed to 865-637-1883.

**Catholic Charities of East Tennessee** Phone: 865-524-9896

119 Dameron Ave, Knoxville, TN 37917

Website: <https://ccetn.org/pregnancy-services/>

Service: Moms can get free maternity clothes and supplies.

**Knox County Schools PTA Clothing Center** Phone: 865-594-3791

1000 N Central Avenue, Knoxville, TN 37917 Hours: Appointment only

Website: <https://clothingcenterpta.wixsite.com/clothing-center-pta>

Service: For students enrolled in Knox County Schools, Preschool through 12th grade. Referrals come from the students' teacher, principal, school secretary, school counselor or social worker. The center also clothes students in emergency situations. Each student can visit the center for clothing two times during the school year - once per semester.

**Ladies of Charity** Phone: 865-247-5790

120 W. Baxter Ave., Knoxville, TN 37917 Hours: Mon- Fri 9:30am-1:30pm

Website: <https://www.ladiesofcharityknox.org/clothing-assistance>

Service: Ladies of Charity provides clothing vouchers to clients in need on a quarterly basis. Clients may select six clothing items, undergarments, and shoes.

**Food Pantries and Meals**

**Broadway Baptist Church** Phone: 865-524-2575

815 NE Broadway, Knoxville, TN 37917 Hours: 9:30am-12:30pm

Monday, Wednesday

Website: <http://www.broadwaybaptistknoxville.com/>

Service: Food pantry distributions by appointment only. Please call first.

**Central United Methodist Church** Phone: 865-524-1659

201 East Third Avenue, Knoxville, TN 37917 Hours: 10:00am-12:00pm

Thursday

Website: <http://knoxcentralumc.org/>

Service: A limited number of hygiene items are available as needed. Written referrals are preferred. Groceries are provided based on the size of the family and particular need.

**Cumberland Baptist Church** Phone: 865-584-9129

5600 Western Ave, Knoxville, TN 37921 Hours: 1:00pm-3:00pm Thurs

Website: <https://www.cumberlandknox.com/>

Service: *Serves individuals who live in the zip codes 37921 OR 37912.*

**FISH Hospitality Pantries** Phone: 865-971-4000

122 West Scott Avenue, Knoxville, TN 37917 Hours: 10:00am-1:00pm

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Website: <http://www.fishpantry.org/index.php>

Service: Will deliver, if needed, Monday-Saturday after 9am. Call 865-523-7900.

**Harvest Food Pantry** Phone: 865-637-1295

2505 Washington Pike, Knoxville, TN 37917 Hours: 10:00am-1:00pm

Friday

Website: <http://www.hcfknox.com/serve/food-pantry>

**Knoxville Dream Center Mobile** Phone: 865-971-4000

Delivering to sites in the following zip codes: Hours: Times vary.

37912, 37917, 37921

Website: <https://www.knoxvilledreamcenter.org/food-truck>

Service: Nine locations throughout Knoxville that provide fresh grocery items to families and individuals via food truck delivery to a central site. Call or visit website for times and site addresses.

**Ladies of Charity** Phone: 865-247-5790

120 W. Baxter Ave., Knoxville, TN 37917 Hours: Call for hours

Website: <https://www.ladiesofcharityknox.org/food-assistance>

Service: The Ladies of Charity Food Assistance Program provides 3-day emergency food packages to individuals and families in the Knox County Area.

**St. James Episcopal Church** Phone: 865-523-5687

1101 North Broadway, Knoxville, TN 37917 Hours: 8am-10am

Every other Saturday

Website: <https://stjamesknox.dioet.org/ministry/helpinghands.html>

Service: The regular grocery bag includes three-days of nonperishable food. Toilet paper is included every month and toiletries such as toothbrushes and toothpaste, hand and body lotion, shampoo, and soap, all items that are necessary, but cannot be purchased with food stamps, are also included a couple of times a year and are always available on request. Serves people in the following zip codes: 37912, 37917, 37921

**Rent and Utilities**

**Community Action Committee** Phone: 865-637-6700

2247 Western Ave, Knoxville, TN 37921 Hours: Call to schedule intake first

Website: <https://www.knoxcac.org/newweb/category/liheap>

Service: LIHEAP: Low Income Home Energy Assistance Program

**Furniture**

**Knox Furniture Ministries** Phone: Email only

Location varies depending on church.

Website: <http://knoxfurnitureministry.org/index.html>

Service: [knoxfurnitureministry@gmail.com](mailto:knoxfurnitureministry@gmail.com)